

Our Mission: To stimulate understanding of the Arcata Marsh & Wildlife Sanctuary, its relationship with Arcata's integrated wastewater treatment system, the surrounding watersheds and bay, and their link with the Earth's water cycle

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 $Dave \ Couch.$

Oyster Lecture June 5

FOAM vice-president and retired wastewater treatment plant operator Dave Couch will share his knowledge of oysters as the latest installment of FOAM's First Wednesday Lecture Series. The in-person presentation at AMIC will start at 7 pm and last about an hour, followed by Q&A. The lecture will be simulcast on Zoom at <u>https://humboldtstate.zoom.us/j/83083326112?p-</u> wd=VFNrMWlmWTBoNINObThCb0RwbTQ0UT09

and recorded for uploading to FOAM's YouTube channel.

Wiyot Acknowledgment

The Arcata Marsh and Wildlife Sanctuary is located on the unceded land of the Wiyot People, who continue to remain in relationship to these lands through ceremony, culture, and stewardship. They are important parts of the history of and continuing knowledge of this place.

Weekend Interpretive Center Help Needed

A few steadfast volunteers have been keeping the Arcata Marsh Interpretive Center doors open on Saturdays and Sundays. More helpers are needed to staff the front desk (4hour shifts) between 9 am and 5 pm. If you would enjoy welcoming visitors, ringing up bookstore purchases, giving out maps, and answering questions, this is the job for you! To become a City of Arcata volunteer, you must be at least 18 years old, complete paperwork, and be fingerprinted. Interpretive Center staff will schedule one-on-one training on how to open and close the facility. For more info. call 707-826-2359.

FOAM YouTube URL

Currently, 12 videos are posted to the site, most of them lectures given at the Interpretive Center. FOAM's goal is to capture each presentation and upload it to <u>https://www.</u> youtube.com/@foamfriendsofthearcatamars3798. (Or just Google "Friends of the Arcata Marsh YouTube" to be taken there.) So, if you missed recent talks by Jerry Rohde, Ken Burton, or others, you still can experience them via YouTube.

Join Humboldt Pet Supply for Marsh Clean-ups

Our G Street neighbor is again sponsoring pet waste/trash clean-ups at the Arcata Marsh. Upcoming dates are Saturday, May 18 (with FOAM docent Andy Feinstein), June 15, and July 20. The one held on April 20, attended by 20 participants, resulted in 185 pounds of trash and pet waste removed from the Marsh! This year, volunteers will spend one hour working as a group, rather than individually as was the previous format. To participate, meet at the store at 145 G Street at 10 am. For more information, visit www. humboldtpetsupply.com.

2023-24 Board of Directors & Officers

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Meet Us at the Ballgame!

By Sue Leskiw

At the invitation of Hambro Recycling, FOAM will be tabling at three Humboldt Crabs Sunday games this summer: June 30, July 14, and July 21. FOAM will receive contents of the recycling bins for aluminum cans sold during the games and redeem the material at the CRV buyback facility across from the Marsh.

Our presence at the three games will give FOAM an opportunity to reach a new audience. We will set up an information table outside the ballpark entrance on F Street starting at 11:30 am, then move inside once the game has started at 12:30 pm. The Crabs organization will make announcements about FOAM during the games. Hopefully, this publicity also will boost donations to FOAM that have been accruing at Hambro for several months, as not much money has been deposited in our designated lockbox.

My Farewell & Two Invitations

By Cindy Kuttner

Being on the FOAM Board is inspiring, fun, and worthwhile. Sadly, for personal and family reasons, I had to leave the Board in February.

This is an invitation to FOAM members who love the Marsh to consider joining the Board. Over my career, I have attended many meetings but this group outshines them all. Its goal is to educate the public about wetlands, wildlife, and the wastewater treatment plant. The best part of the FOAM Board is the people, which is what I will miss most. These folks are kind, respectful, creative, fun, and all-round great to work with. So if you're looking for a way to contribute to this jewel of a place, please consider joining the FOAM Board. Attend a meeting on the second Thursday of each month, starting at 6:30 pm at AMIC first, to observe our operations up close.

Another task that I had to vacate was serving as FOAM's representative on Redwood Region Audubon Society's CatBird Committee. This small group meets every other month, with the goal of protecting Marsh wildlife by keeping cats out. It does this by educating the community about the deadly effects of these predators. (You may have seen the scale model of a catio on display at AMIC.) If you want to serve as FOAM's representative, please e-mail info@arcatamarshfriends.org.



Cindy Kuttner and Ken Burton at May 2023 art reception. Photo by Sue Leskiw.

No-Name Pond Update

By Paul Johnson

About the time you read this report, thousands of new cattails in No-Name Pond should be fast approaching their maximum height. Their recovery, once the leak was sealed (see fall 2023 UPWIND), has been extraordinary and deeply satisfying to watch. I believe the many Marsh Wrens that occupy the pond should soon, if not already, be singing at the top of their tiny lungs. To see the transformation of No-Name Pond, you will need to approach from I Street and walk over Mt Trashmore, as the Bay Trail is closed for more work on the wastewater treatment plant. The Bay Trail, which closed on April 22, is scheduled to reopen May 22 at 5 pm.



Aubrey Lloyd (left) and Kai McDonald. Photo courtesy of Humboldt County Office of Education.

FOAM Gives Out Three Science Fair Awards

By Sue Leskiw

The 2024 Humboldt County Science Fair was held in mid-March. This is the 18th year that FOAM has given out awards for the best projects related to wetlands. Judges were Lynn Jones and myself.

The first-place award of \$50 went to "Urchins for Dinner? Do Urchins from Polluted Waters Concentrate Heavy Metals, Making Them Unsafe to Eat?" by Kai McDonald, a 10th-grader at Arcata High. Purple sea urchin populations have exploded after the widespread wasting deaths of their predator, sea stars, decimating bull kelp beds. It has been proposed that if people started eating uni (the edible part of the urchin), it could reduce their overabundance. Kai wanted to research whether contaminants (heavy metals) in Humboldt Bay were problematic enough to make eating uni harvested there inadvisable. He collected urchins from two locations: Baker Beach (unpolluted) and rocks on the North Bay side of the harbor entrance (polluted). He removed the uni and tested it for chromium and lead. He found no increased risk of lead toxicity from eating urchins either location. He discovered significantly more chromium in uni from Humboldt Bay over Baker Beach, but questioned his results because levels seemed too high, possibly due to calibrating problems with his testing device.

The second-place award of \$25 went to "The Effects of Fertilizer Run-off on Freshwater Amphipods" by Aubrey Lloyd, an 8th-grader at Freshwater School. She hypothesized that the mortality rate of freshwater amphipods (tiny shrimplike crustaceans) will increase as the fertilizer concentration climbs because these organisms need high amounts of dissolved oxygen to survive. She ran several trials, adding low, medium, and high amounts of liquid fertilizer against a control, then counted the surviving amphipods over three days. After all the subjects (except those in the control sample) died during the first trial, she lowered the concentration of fertilizer to seek the threshold for survival. At the lower concentrations, all but one amphipod survived. Aubrey used water from the Arcata Marsh in her experiments!

The third-place award of \$15 went to "Mycelium Remediation" by Nathan Bareilles, an 8th-grader at Jacoby Creek School. He was interested in using mushrooms (mycelium) to break down toxins in soil. He hypothesized that mushrooms enzymes would be able to reduce copper sulfate to its molecular level, to the point where it would no longer be detectable. Nathan applied two levels (20 g and 40 g) of copper sulfate to oyster mushroom mycelium and let them grow on cocoa fiber for two weeks. The percentage of copper sulfate decrease in the soil was very similar between the two levels of contamination (172 ppm and 166 ppm). "I was amazed by how mushrooms can be used to clean toxic products (phytoremediation). The most interesting part was that mushrooms break down toxins and use their chemical compounds as energy to grow. The idea of mycelium remediation may be applied to many different places for habitat restoration. The cost for mycelium isn't very high and mycelium can grow, tolerate, and clean many environments."

Kai also won an award from the California Association of Professional Scientists, while Nathan won the Judges' Choice Award. All FOAM winners were selected to compete in the California Science and Engineering Fair, held virtually on April 16, but none won an award.



Thank You, FOAM Godwit Days Volunteers!

FOAM sends out a heartfelt thank you to the following people who volunteered to help with its activities associated with April's Godwit Days Spring Migration Bird Festival:

► Sue Leskiw, Barbara Reisman, Gina Rogers, Mary Severdia, and Joyce Soong (joined by Audubon recruits Gail Kenny, Catherine and Tom Mc-Nally, Eric Nelson, and Susan Penn, plus Judy Sears through Godwit Days) hung the 660 pieces of student bird art on Friday. Maria Baron, Renshin Bunce, Lynn Jones, and Sue Leskiw took down the art on Sunday.

▶ Maria Baron once again took the lead on lining up help for the Friday opening reception. FOAM-recruited volunteers who served drinks and washed dishes were Maria Baron, Sarah Bourque, Neysa Budzinski, Janelle Chojnacki, Samantha Chojnacki, Gigi Collins, Dave Couch, Elliott Dabill, Andy Feinstein, Ava Iorizzo, Lee Mitchell-Brown, and Joyce Soong.

▶ Renshin Bunce, Lynn Jones, Robbin Kohn, Sue Leskiw, Stephanie McCaleb, Bill & Carolyn Prescott, Jeannie Smalley, and Mark Wilson staffed the FOAM table in the Bird Fair.

► Sue Leskiw, Mary Ann Madej, and four students from the Arcata High Eco Club – Paige Burlson, Sasha Dronkers, Jennifer Haggerty, and Carolyn van Mantgem – handled three tables of craft activities during the Godwit Days free family nature crafts on Sunday. A new activity of decorating wooden mini-birdhouses proved a popular addition to the usual bird and otter masks and Marsh critter ornaments.

▶ Paul Johnson snapped photos of the winning bird art and nature writing students, as well as took pix during the opening reception.

► Elliott Dabill created and delivered a 10-minute presentation about the Marsh and FOAM before the Friday keynote.

► Mark Wilson led a Saturday morning Godwit Days nature walk at the Marsh for nine kids and their responsible adults.

Results of 21st Annual Student Bird Art Contest

By Sue Leskiw, Contest Coordinator

Some 660 schoolkids pulled out paints, pencils, pastels, or paste to enter the 21st Annual Student Bird Art Contest. Cosponsors were Friends of the Arcata Marsh and Redwood Region Audubon Society.

The contest was held in association with mid-April's Godwit Days Spring Migration Bird Festival. All entries were displayed at the Arcata Community Center for public viewing during the festival.

Copies of cash prize and honorable mention winning artwork are on display at AMIC through June. Winners were spread across 27 different schools! Public viewing is possible Tuesdays through Sundays between 9 am and 5 pm and Mondays from 1 to 5 pm. A downloadable booklet containing the artwork and photos from the April 20 awards ceremony will be posted sometime in May at www.arcatamarshfriends.org.

Awards totaled \$700, with 44 cash prizes plus 37 honorable mentions. The winners were:

Kindergarten & Grade 1

► 1st Place: Fiona Varzgah, Coastal Grove Charter, Belted Kingfisher

► 2nd Place: Eliyana Sarley, Union Street Charter, American Avocet

► 3rd Place: Faith Tucker, Kneeland School, Anna's Hummingbird

► Honorable Mentions: Eleanor Taylor, Mistwood Educational Center, Chestnut-backed Chickadee; Lily Castillo, Union Street Charter, Spotted Owl; Mikael Goor-Arie, Mistwood Educational Center, Snowy Plovers

Grades 2&3

► 1st Place: Franky Elfing, Redwood Coast Montessori, California Quail; Sylvia Tout, Garfield Elementary, Mallard; Ike Barrameda, Arcata Christian School, Spotted Owl

▶ 2nd Place: Sarah Murphy, Homeschooled, American Robin; Anastasia Derning, Redwood Prep



Charter, Bald Eagle; Aubree Harrison, Redwood Prep Charter, Northern Harrier

► 3rd Place: Cully Stack, Northern United Charters-Willow Creek, White-breasted Nuthatch; Jon Larson, Morris Elementary, Great Horned Owl; Brynn Thrash, Garfield Elementary, Bufflehead

► Honorable **Mentions:** Emily Redner, Fieldbrook Elementary, Anna's Hummingbird; Evelyn Kauffman, Garfield Elementary, Chestnut-backed Chickadee; Hazel Fisher, Seaforth Montessori, Tree Swallow; Jordan O'Connor, Fieldbrook Elementary, Common Loon; Gianna Enriquez, Arcata Christian, Anna's Hummingbird; Emilio Zaragoza, Redwood Christian, Great Blue Heron; Kira Osborne, Redwood Coast Montessori, Marbled Murrelet; Joah Nicely Alfaro, Fuente Nueva Charter, Peregrine Falcon

Grade 4

▶ 1st Place: Margot Nims, Garfield Elementary, Barn Swallow; Heidi Tout, Garfield Elementary, Common Loon; Penn Kerhoulas, Garfield Elementary, Mallard

▶ 2nd Place: Harper Landry, Union Street Charter, Northern Harrier; Zemira Haas, Union Street Charter, Anna's Hummingbird; Rosemary Bornman, Northern United Charters, Great Gray Owl

► 3rd Place: Henry Landis, Union Street Charter, Peregrine Falcon; Sam Castillo, Union Street Charter, Pileated Woodpecker; Bernardo Freitas, Northern United Charters, Peregrine Falcon

► Honorable **Mentions**; Madden McCall, Northern United Charters-Briceland, Bufflehead; Raven Lovejoy, Union Street Charter, Anna's Hummingbird; Rain Mc-Beth-Solares, Redwood Christian, American Avocet; Emma Varzgah, Coastal Grove Charter. Red-tailed Hawk; Nova Hyden, Cutten Elementary, Tufted Puffin; Harper Andersen, Cutten Elementary, American Goldfinch; Liam Kilgore, Cutten Elementary, American Avocet; Parker Budesa, Coastal Grove Charter, Marbled Godwit; Ellery Craydon, Union Street Charter, Western Grebes



Grades 5&6

▶ 1st Place: Eva Tovar, Northern United Charters, Barn Owl; Rosemary Amaral, Scotia School, Anna's Hummingbird; Emma Ayres, Garfield Elementary, Black-crowned Night-Heron

► 2nd Place: Ruby O'Hara, Morris Elementary, Spotted Owl; Milly Bornman, Northern United Charters, Peregrine Falcon; Makaila Finch, Hydesville Elementary, Wood Ducks

► 3rd Place: Hadley Johnson, Pacific View Charter, Spotted Owl; Mia Hong-Novotney, Fuente Nueva Charter, Varied Thrush; Zahara Calkins, Scotia School, Anna's Hummingbird

► Honorable Mentions: Leonardo Freitas, Northern United Charters, Bald Eagle; Rooney O'Neill. Mistwood Educational Center, Funny Emo Pigeon; Alayia Vainuku, Blue Lake Elementary, Varied Thrush; Carissa Gonzales, Orick Elementary, Western Bluebird; Raven Mitchell, Scotia Elementary, Common Raven; Ava Johnson, Sunny Brae Middle School, Barn Owl; Angel Belz, Sunny Brae Middle School, Great Horned Owl; Matthew Jackson, Sunny Brae Middle School, Bufflehead; Felicity Smith, Redwood Prep Charter, Great Blue Heron

Grades 7&8

► 1st Place: Peyton Wolff, Zane Middle School, Western Meadowlark

▶ 2nd Place: Khloe Baird, Northern United Charters, Marsh Wren

► 3rd Place: Vuunsip E-kot, Orleans Elementary, American Robin

► Honorable Mentions: Hunter Olson, Winship Middle School, Osprey; Emma Webb, Zane Middle School, Varied Thrush; Rilynn Flanagan, Zane Middle School, Wood Duck; Adler Gordon, Hydesville Elementary, Marbled Godwit

Grades 9-12

▶ 1st Place: Evie Dowd, Northern United Charters, American Kestrel; Mariia Vasileva, Arcata High, Bald Eagle

▶ 2nd Place: Sequoia Manchester, Eureka High, Steller's Jay; Ram Virnave, Academy of the Redwoods, Northern Harrier

► 3rd Place: Emma Wiegandt, Eureka High, Anna's Hummingbird; October Mintey, Redwood Coast Montessori, Red-tailed Hawks

► Honorable Mentions: Julia Brands, Arcata High, Snowy Plovers; Alysianna Fouquette, Academy of the Redwoods, White-tailed Kite; Sophia Piazza, Eureka High, Blackcrowned Night-Heron; Ash Beltran, Eureka High, Great Blue Heron; Domonique Bennett, Eureka High, Red-breasted Nuthatch

Best Bird in Habitat Awards

▶ Miles Johnson (Grade 1), Union Street Charter, Bald Eagle; Aleksis Varnell (Grade 2), Pacific View Charter, Snowy Plover; Saebra Ester (Grade 4), Garfield Elementary, Cinnamon Teal (female); Kenna Klajic (Grade 9), Eureka High, White-tailed Kite; Sophia Grimmett (Grade 10), Eureka High, Snowy Plover

What's Happening at the Arcata Marsh?

By Neysa Budzinski, AMIC Staffer

Spring has returned to the Arcata Marsh. The sound of songbirds fills the air and plants are flowering. The native plant garden is particularly colorful as warmer temperatures and increased day length results in a rainbow of hues. Carmen and I have created a visual native plant guide for the garden for AMIC visitors to enjoy. Stop by and learn more about the properties and uses of the beautiful plants and trees that make up the garden.

Another phase of construction to upgrade the wastewater treatment plant brings closure of part of the Bay Trail and Marsh trails between the Ox Pond parking lot, AMIC, and Mt Trashmore from April 22 through May 22. Detours will need to be taken during this time.

AMIC staff hosted our first volunteer mixer in mid-February, which gave us and our wonderful volunteers the opportunity to meet anyone they hadn't met, mingle, and ask questions about desk staffing procedures. We're very grateful to all who help keep AMIC open on the weekends. AMIC staff started receiving requests for Marsh tours in late winter and have been scheduling quite a few into June, primarily for local school groups. Staff sometimes has trouble finding docents to lead these special-request tours, as the pool of interpreters who want to lead children is small. We're hoping that many of the interested parties who have picked up volunteer applications will follow through, to grow the number of FOAM docents and AMIC staffers.

A recent cleanup of the encampments in the outer part of the Marsh and off the Bay Trail took place in mid-April, performed by New Directions, in coordination with the Arcata Police Department. A total of 12,980 pounds of garbage was collected at the sites, as weighed by Recology. A cleanup of garbage and debris by PacOut Green Team volunteers in mid-February yielded around 4,000 pounds of wet, muddy trash. Volunteers focused on the camps around West, East, and Brackish Ponds. The contract with New Directions will continue through the end of the next fiscal year. The group will be monitoring the Little Lake and Belle Fowler sites. The City is very grateful for the efforts of both agencies for tackling this project.

Carmen and I were excited to partner with Ciencia Para Todos (CPT) of Cal Poly Humboldt and Latino Outdoors Humboldt for an event celebrating Dia de los Niños on April 27. CPT leaders reached out to AMIC staff after a successful Marsh tour with Lynn Jones, wanting to create an opportunity for Spanish-speaking and bilingual folks to connect with the Marsh. The free event included crafts for children at AMIC, a raffle, and a Marsh tour with Elliott Dabill. We hope that this leads to more events and offerings for the LatinX community in Arcata.





Jeff Black (left) teaches tour attendees about otters. Photo by Elliott Dabill.

Otter Tour

By Elliott Dabill & Lynn Jones

On February 18 a dozen people met with Dr Jeff Black to learn how to think like an otter. There are many marshes and ponds at the Arcata Marsh, for example, and wherever two of them are the closest is a good spot for otters to traverse from one to the other. Otters can cross anywhere, but if you want to find their trails and poop (spraint), that's where to look. Otters socialize at the latrines, and one of Jeff's students placed spraint from an "outsider" otter from Little River at a latrine and described how the locals freaked out and investigated by rolling in it and spending a lot of time discussing the intrusion.

The Arcata Marsh serves as a kind of nursery, with mothers and perhaps a daughter raising pups at den sites here. The permanent residents at the Marsh are females. This year, there are two moms (mother and daughter) and their pups, now numbered two from the original three youngsters. When pups are present is the only time the otters den; otherwise, you can see a "couch" of mashed plants that otters use to sleep and nap on.

Males are bigger and hang out in bachelor groups that wander about looking for available females willing to mate. The competition gets rough when males fight for dominance and even from a female when she isn't ready to mate and males pester her. Females have a clever trick of holding on to fertilized eggs for extended time if conditions aren't ideal, which makes predictions of deliveries difficult. Normally, the males are trying to mate in winter, with pups seen in spring.

The Marsh's otter population varies each year but can be eight to 12 individuals. In the larger area of Trinidad to the Eel River, there may be 60 river otters. They all have to have some fresh water daily, very different from the sea otters that spend all their time in salt water.

Jeff's research on otters got a great boost three years ago when he organized 100 otter statues into a herd of artistic mammals, each interpreted differently. There's still one at a local Los Bagels, with painted stripes representing local rivers. Each statue was underwritten by a local business, each artist was sponsored, and the statues eventually were auctioned off, averaging about \$1000 each. That money pays for students that research otter life around the Marsh. Research projects include the invading spraint experiment; small, white floats that are measuring temperature changes; and a spraint study that collected feathers to determine what birds the otters were eating. (The top 50% were Bufflehead and Ruddy Ducks.) A washing machine at Cal Poly Humboldt is dedicated for washing poop samples! Freshwater ponds have mosquito fish (Gambusia) for dinner, while brackish ponds like Klopp Lake offer sticklebacks and smelt, often digested with clumps of algae that can't be avoided.

Otters eat fish and a lot of birds and can be eaten in turn by wolves, bears, cougars, and eagles. Here at the Marsh, though, the main otter killers are metal machines with four wheels. About 20 deaths have been recorded since Jeff has been studying otters here, three in the last couple of years. One was on the 101 corridor and two on I St approaching the boat ramp parking lot. The good news is the arrival this year of speed bumps. Jeff would like the bumps to be placed at the otter crossings. The otter doctor would like docents to talk about the animals on tours. Sightings throughout Humboldt and Del Norte should be reported at https://otterart.humboldt.edu/otter<u>ly-wild</u> (link at bottom of main page). Knowing their social habits can help save otter lives by slowing down and observing their crossings. Meanwhile, Jeff Black will continue to study our mustelid friends and advocate for them at City Hall.



Participants in FOAM's inaugural cycling tour, led by Andy Feinstein.

April Bike Tour a Success

By Andy Feinstein

Following a March launch cancelled by rain, the April 14 Second Sunday Cycling Tour was a success. Andy reports that "a lovely couple from Ashland and a local gentleman joined my tour from the Interpretive Center to the oxidation ponds, around Klopp Lake, up I Street to Brackish Pond, then back past the red-legged frog habitat. It was a really nice group of folks who wanted to just keep rolling along. The highlight for me was seeing Cinnamon Teal, Green-winged Teal, and a pair of Blue-winged Teal all together in one spot on Allen Marsh. So glad the weather cooperated and that people showed up!"

The next bicycle tour will be on May 12, starting at 2 pm at the Interpretive Center. Bring your own bike (the couple from Ashland actually borrowed bikes through the City of Arcata, at the suggestion of a front desk volunteer!). All ages welcome; heavy rain cancels.

MAY/JUNE ARTISTS STUDENT BIRD ART WINNERS

Color copies of 1st through 3rd prize-winning and honorable mention avian art from the 21st annual contest for Humboldt K-12 students will be on display.



"Native Blackberries" by Joyce Jonté.

JULY/AUGUST ARTISTS "Flowers & Plants at the Arcata Marsh & Wildlife Sanctuary"

Several local artists will display their artistic reactions to widely varied Marsh plants and flowers seen throughout the year. Included in this group show are watercolor artist Joyce Jonté, photographer Leslie Scopes Anderson, and printmaker/ painter Patricia Sennott. This exhibit promises to reveal numerous botanical wonders to visitors.

Visitor Stats

Since our last issue, visitors from the following 25 states (outside CA) have signed the AMIC logbook; AK, CO, CT, DE, FL, ID, KS, KY, LA, MA, MD, ME, MI, MN, MO, NC, NV, NY, OH, OR, PA, VA, WA, WI, and WY. The Marsh also attracted international travelers from Australia, Canada, France, Hong Kong, and the Netherlands!

Calendar of Events

[Docent-led tours leave the Interpretive Center every Saturday at 2 pm]

May/June—Display of winning Student Bird Art (see p. 4&5)

May 9—FOAM Board Meeting, 6:30-8 pm

May 12—Second Sunday Cycling Tour with Andy Feinstein, 2 pm (see p. 7)

May 18—Humboldt Pet Supply Marsh Clean-up, with docent Andy Feinstein, 10 am (see p. 1)

June 5—Lecture on oysters by Dave Couch, 7 pm (see p. 1)

June 9—Second Sunday Cycling Tour with Andy Feinstein, 2 pm

June 13—FOAM Board Meeting, 6:30-8 pm

June 15—Humboldt Pet Supply Marsh Clean-up, 10 am

June 30—FOAM booth at Humboldt Crabs game, 11:30 am (see p. 2)

July 11—FOAM Board Meeting, 6:30-8 pm

July 14—Second Sunday Cycling Tour with Andy Feinstein, 2 pm

July 14—FOAM booth at Humboldt Crabs game, 11:30 am

July 20—Humboldt Pet Supply Marsh Clean-up, 10 am

July 21—FOAM booth at Humboldt Crabs game, 11:30 am



Thanks to Our Supporters, mid-January through April 2024

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Supporters (\$50-99): Pam Brown; Miriam Elizondo*; Lisa Monet & Rick Charles; David Tyndall & Chris Angell

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Donations from Life Members: Debra Hartridge (\$200)

Donations in Honor of Alan Wolski: Alex Stillman (\$100); Maya Zwerdling & Michael Mangahas (\$100); Nancy Wilson (Lombard, IL), \$50; Walter & Mary Sarna (Shorewood, IL), \$25; Maria & James Mulcahey (Homer Glen, IL), \$20

Other Donations: Godwit Days patron (\$17); Ram Virnave (\$15); AMIC donation box, \$196.38

* = New member

FOAM Friends of the Arcata Marsh PO Box 410 Arcata CA 95518

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Mark Your Calendar for:

Second Sunday Cycling Tours, 5/12, 6/9, 7/14 Pet Waste & Trash Cleanups, 5/18, 6/15, 7/20 Oyster Lecture, 6/5 FOAM @ Humboldt Crabs, 6/30, 7/14, 7/21

stiends or references	MEMBERSHIP APPLICATI	ON	
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FRIENDS OF THE ARCATA MARSH, PO Box 410, Arcata CA 95518 a			arcatamarshfriends.org

A tax-exempt, nonprofit 501(c)(3) organization, EIN #68-0232871. All donations are tax deductible.

If you are receiving a complimentary copy of this newsletter, please consider joining FOAM. If you were a member, but have allowed your membership to lapse, please renew. The Arcata Marsh Interpretive Center street address (not for mail) is 569 South G Street, Arcata. FOAM's mailing address is PO Box 410, Arcata CA 95518. You can reach us by phone from 9 am to 5 pm Tuesday through Sunday and Monday from 1 to 5 pm at 707-826-2359.